FITWELL – Hybrid Fitness Intern

The FITWELL Intern will contribute to an ongoing effort to transition from in-person fitness offerings to an online platform. They will assist with further creation of an online Movement Library and learn about virtual exercise programming and safety considerations. They will also have an opportunity to learn about and assist with fitness equipment purchasing, inventory, maintenance, and repair processes. Ideal candidate would have an interest in fitness facility and program management.

Job Qualifications

Required

• Be at least 18 years of age
• Have First Aid/CPR/AED certifications (by first day of employment)
• Submit to criminal background check
• Experience in basic video editing and publishing.
• Certified Personal Trainer Certification or equivalent.
• Experience working in recreation department and/or related field
• Possess effective interpersonal skills and a strong desire to learn
• Be willing to work variable and extended hours
• Be legally allowed to work in the United States

Preferred

• 2+ years' experience in fitness instruction.
• Strong video editing and publishing experience.
• Experience in digital content creation
• Experience with MindBodyOnline, Trainerize, Fusion, and Facility Vitals.
• Experience with Google Workspace, Microsoft Suite, and Adobe Premiere
• Strong Organizational Skills

Job Expectations

• Plan and execute several exercise video filming and photography sessions throughout the summer.
• Edit and publish exercise videos, as well as upload and catalog content to online training app.
• Prepare existing exercise programming for online delivery.
• Work with facility and program Managers to assist with equipment management.
• Opportunities to shadow or instruct fitness classes, based on Intern’s experience and credentials, and following a formal audition.

Pay Rate

Each intern will be paid $350/biweekly, plus a full University Housing and Dining plan (the housing and meal package is estimated at $3,800 and is treated as taxable income by the IRS).

Apply and Contact:

To apply, please complete the application found at www.recreation.ucla.edu/summerinternships. Please direct any questions about this position to Liz Au at LAu@recreation.ucla.edu.