

FITWELL – Health & Fitness Programs Intern

The FITWELL Intern will contribute to an ongoing effort to create and deliver health fitness programming via an online platform. The Intern will assist with further creation of an online Movement Library, create online training program templates, and assist with streamlined execution of online health and fitness programs. The ideal candidate has a background in fitness, photography and videography, editing, and digital content creation.

Job Qualifications

Required

- Be at least 18 years of age.
- Have First Aid/CPR/AED certifications (by the first day of employment)
- Submit to criminal background check
- Experience in basic video editing and publishing
- Certified Personal Trainer Certification or equivalent
- Experience working in recreation department and/or related field
- Possess effective interpersonal skills and a strong desire to learn
- Be willing to work variable and extended hours
- Be legally allowed to work in the United States

Preferred

- 2+ years' experience in fitness instruction.
- Strong video editing and publishing experience.
- Experience in digital content creation
- Experience with MindBodyOnline and True Coach, or similar online fitness software
- Experience with Google Workspace, Microsoft Suite, and Adobe Premiere
- Strong Organizational Skills

Job Expectations

- Plan and execute several exercise video filming and photography sessions throughout the summer.
- Edit and publish exercise videos, as well as upload and catalog content to online training app.
- Prepare existing exercise programming for online delivery.
- Create fitness programming templates in online training app
- Organize fitness and wellness video and recipe archives.
- Opportunities to shadow or instruct fitness classes, based on Intern's experience and credentials, and following a formal audition.
- Opportunities to participate in additional Recreation marketing projects based on Intern's experience.



Pay Rate

Each intern will be paid \$400/biweekly, plus a full University Housing and Dining plan (the housing and meal package is estimated at \$4,150 and is treated as taxable income by the IRS).

Apply and Contact:

To apply, please complete the application found at www.recreation.ucla.edu/summerinternships.

Please direct any questions about this position to Liz Au at LAu@recreation.ucla.edu.

