

# STAND UP PADDLEBOARD RENTAL POLICIES

# **EQUIPMENT USE: WEATHER AND WIND CONDITIONS**

QUALIFICATION LEVEL	EQUIPMENT	MAX AVG WIND	MAX AVG WIND GUST	AREA
STAND UP PADDLE STAND UP PADDLE				
Stand Up Paddle I		8 knots	12 knots	Entrance Channel & Main Channel
Stand Up Paddle II		12 knots	12 knots	Entrance Channel & Main Channel

The chart above is a guideline. Please note that the Dockmaster has discretion to restrict activities based on weather, experience or other factors.

## **GENERAL SAFETY**

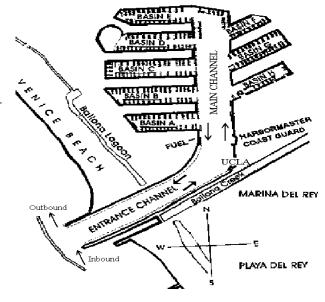
- All participants must be water safe and comfortable swimming a minimum of 100 yards and tread water for a minimum of five minutes.
- Sailors, kayakers, stand up paddle boarders (SUP), and windsurfers are required to wear Personal Flotation Devices (PFDs) while on the dock and water, at all times. Rowers are exempt.
- Always communicate with the Dockmaster and indicate on your rental slip where you intend to kayak, SUP, sail, or row and the amount of time you plan on being on the water.
- Complete a safety check of your vessel make sure everything works and is properly adjusted before entering the water.
- When launching and docking, minimize the time you spend on the dock and the space that you take up to help reduce dock congestion.
- Participants must be able to "self-rescue."
- If you are unable to self-rescue due to an injury or equipment breakage, stay with the vessel. Do not try to swim to shore. Hail the Dockmaster or other boaters for assistance.
- Participants must be able to steer a safe course through the marina, keeping watch for obstacles to their bow.

#### STAND UP PADDLING SAFFTY

- Stand up paddleboards may only be used inside Marina Del Rey Harbor. They cannot be taken down the basins, outside or past the jetties or breakwater.
- Users must launch and approach dock on their knees, instead of standing.
- Use your paddle as a brace when entering the board from the dock.

#### MARINA DEL REY TRAFFIC PATTERNS

- A stand up paddleboard is considered a vessel by the Coast Guard, with the same responsibilities as other vessels that use Marina del Rey.
- It is the general responsibility of all vessels to avoid collision.
- Though a human-powered vessel has the right of way over sail-powered and engine-powered, care should be taken to give these vessels the space and opportunity to change course to avoid you.
- Yield to incoming traffic as you leave the dock and paddle through the inbound power channel.
- Launch and dock with traffic flow. Watch for other boats as you paddle into the power channel.
- Paddle counter clockwise around buoys in the Main Channel and counter clockwise around center line of the Entrance Channel.
- Stay closer to the buoy line in the main channel to prevent being run over by larger boats exiting the basins.
- Do not stop or paddle in an area where you will impede others. Yield to faster vessels.
- Do not block traffic. If you must stop to receive instruction, or adjust equipment, position your boat out of the main traffic flow.



### **EQUIPMENT CARE**

- Secure accessories and equipment before launching.
- Never drag the boards, paddle, or leash on the ground.
- Thoroughly rinse your paddle with fresh water after each use.
- Return lifejackets to equipment cage after zipping them up.
- Return wetsuits to equipment cage after dunking them in disinfectant and hang right side out.
- Return all boards and paddles to their designated racks or space. Make sure boards stored on the rolling rack face the same direction and leash is neatly hung.

## **FACILITY POLICIFS**

- Parking at the MAC is limited and available on a first come first serve basis. Facility users are encouraged to ride their bike or carpool. Do not park on any yellow striped area; doing so will force other vehicles to drive on the bike path to get around you. Do not park in the Breakwater Apartment's parking lot or garage you will be towed. Overflow parking is available at Dock 52 and Fisherman's Village
- Drive slowly and carefully to and from the MAC parking lot. Watch for pedestrians and cyclists on the bike path and the Breakwater access road. Once you reach the Marina Aquatic Center facility, drive on the striped access lane only. <u>DO NOT drive on the LA County bike path.</u> When exiting parking spaces, watch for bike path traffic; stay on the striped driving lane and back into the turnaround area provided.
- Do not use any tools or other supplies owned by the Marina Aquatic Center. Do not attempt to fix or customize any equipment while in your use. See your instructor or the Dockmaster on duty if you need help with equipment.
- The MAC is not responsible for any personal gear, clothing, etc. left in the locker rooms, boat bays, or other areas of the facility. Please store your gear in lockers provided or in your vehicle. Remember to pick up your gear before you leave.
- If you are using the docks on Ballona Creek at low tide, never attempt to jump or walk over the algae growth on the hoist docks. Ask MAC Staff to lower you down to the water with the dock.
- Never step over a boat on the ground, always walk around it.
- Please pick up after yourself trash, water bottles, & towel etc!
- Help us conserve! Turn off lights in restrooms, locker room, classrooms, and boathouse bays when not in use.
  Turn showers, faucets and hoses off completely when finished. Recycle plastic, glass and aluminum in bins provided.
- Report all injuries and equipment damage immediately to the Dockmaster, coach or instructor.
- To protect your feet, always wear shoes at the MAC. Shoes should have sufficient tread and heal support to prevent you from slipping on the wet surfaces around the dock. Bare feet are only allowed on the dock as you are launching or docking rowing shells, stand up paddleboards, windsurfers, kayaks, lasers or surfboards. Shoes should be replaced first thing after docking.

The following is prohibited at the UCLA Marina Aquatic Center:

- Alcohol
- Smoking or vaping
- Dogs off of their leash.
- Launching of personal equipment.
- Running, roughhousing, and/or riding bikes or scooters anywhere around the facility.
- Talking loudly or making excessive noise that may disturb our neighbors, before 8am and after 9pm.
- Sitting in or riding on the rolling equipment.

### WFATHER POLICIES

#### WIND

- No outside sailing or kayaking if gale flag is up at the Harbormaster's Office.
- Conditions within three hours of the rental, current weather, and trends will be considered.
- Weather forecast and/or warning flags will be used as justification for amending or suspending water activities in the entrance channel, marina, and Santa Monica Bay.
- Dockmaster will use both Wind Gusts/Maximum Wind Speed and 10-Minute Wind Average in deciding whether to allow rentals.
- If the small craft warning is posted with measured, or expected winds exceeding 20 knots, there will be no water activities.

#### FOG or LOW VISIBILITY:

- Dockmaster must be able to see the opposite shore for at least 15 continuous minutes before allowing any water activities.
- All renters, and unaccompanied vessels, must maintain visual contact with the MAC at all times.

#### DARKNESS or LOW LIGHT:

- Lights must be used during early morning and nighttime rentals.
- All boats must display a red and green bow light and a white stern light.

#### LIGHTNING:

At the first sign of lightning, all water activities will be immediately suspended and all users – renters,
 teams, class participants, and staff – should return to the MAC without delay.

#### RAIN:

- Following significant rainfall, certain water activities shall cease for a minimum of 48 hours after the rain has stopped. All other activities will be allowed on the water after signing a water quality waiver. Please call the Marina Aquatic Center before leaving home to find out whether water activities have resumed.
- No water activities are permitted when there is a thunder and lightning storm.